



**“Sometimes, in your life, you will go on a journey. It will be the longest journey you have ever taken. It is the journey to find yourself”**

## **Our FAP Counsellors**

AEAP counsellors have the highest accreditations in their respective fields, along with many years of experience.

Our counsellors can offer their expertise in many areas. The following associate counsellors have been chosen to offer you services:

**Jan Henry, M.S.W.**  
Registered Social Worker

**Frank Bulger, M.S.W.**  
Registered Social Worker

**Carolyn LeBlanc, M.A.**  
Registered Psychologist



The Fisher Assistance Program is provided by AEAP (Atlantic Employee Assistance Providers) providing confidential and professional counselling services.

**For information or to schedule an appointment, call (902) 626 - 9787**

**Mailing Address**  
293 Water Street, Suite 5  
Summerside, PE C1N 1C1

fpbulger@hotmail.com



# **Fisher Assistance Program**

Providing confidential and professional counselling services.

**FAP**  
Fisher Assistance Program  
(902) 626-9787



## What is the Fisher Assistance Program?

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The Fisher Assistance Program (FAP) is a service that provides confidential, professional counselling services to fishers and their families. The program recognizes that some problems can affect home life and work performance. When this happens, help may be required in resolving these problems through the assistance of a trained professional counsellor. These counsellors are trained to provide short-term counselling or refer you to other professional services and resources in the community.

## Who Qualifies?

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All PEIFA members that hold independent core fishing licenses and their families.

## What Kind Of Problems Does The FAP Help Resolve?

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The FAP will help you deal with a wide range of problems that affect your personal well-being and work performance. These problems may include work or family pressures, job stress, alcohol or drug dependency, marital problems, children's issues or other conflicts. The FAP counsellors have a wide range of experience in a variety of problem areas including:

- Stress and Anxiety
- Alcohol and Drug Misuse
- Bereavement
- Couple and Marital Issues
- Depression
- Elder Care Concerns
- Family Matters / Parenting Concerns
- Counselling With Children and Teens
- Legal Matters
- Financial Concerns
- Learning Disabilities
- Grief Counselling
- Career Counselling
- Anger Management

## Is This Service Confidential?

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Yes, your privacy is protected by strict confidentiality laws and regulations and by professional ethical standards for counsellors. The details of your discussions with the counsellor will not be released to anyone, including the PEIFA executive, without your written consent, other than the exceptions listed below.\*

*\*Certain exceptions apply when information must be provided to others, whether or not consent is given such as when a person appears to pose a threat of serious injury to themselves or others. Counsellors are also legally required to report suspicion of child abuse and to disclose information required by law.*

## How Do I Contact A FAP Counsellor?

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Please call (902) 626-9787 where you can get in touch with a counsellor or feel free to contact the counsellors directly at the numbers listed below. FAP counselling hours are flexible, therefore appointments will be made at the earliest convenience. We also offer bilingual counselling services.

## Are There Any Costs For The FAP Services?

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100% Coverage - PEIFA Members and Immediate Family.

## FAP Contact Information

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Frank Bulger .....(902) 626-9787  
Jan Henry .....(902) 436-0098  
Caroline LeBlanc .....(902) 393-3829

